

Certified Body Fat Testers

The IHSA will conduct training again this year to gain certification as a body fat tester. The dates of the training will be September 30, 2015, October 7, 9, 13 and 14. If you are in need of someone being trained, please call the IHSA Office by September 20, 2015, and request to talk to Cheryl Charlton. We do need to be notified of the number of people attending. It will cost \$15.00 to have someone certified at one of these training sessions. Payment is to be made at the training site. Checks are to be made payable to the IHSA. The dates, times and locations are:

Wednesday, September 30, 2015, at 6:00 p.m.	Franklin Park-Northlake (Leyden High School)
Wednesday, October 7, 2015, at 10:00 a.m.	Chicago (CPS Sports Department) William Brown Elementary School 54 N. Hermitage, Chicago
Friday, October 9, 2015, at 10:00 a.m.	Minooka High School
Tuesday, October 13, 2015, at 6:00 p.m.	Normal (Community West High School)
Wednesday, October 14, 2015, at 11:00 a.m.	Effingham High School

Anyone that you had certified last year will need to go through the re-certification process. To be re-certified as a body fat tester the person will need to go online and **take a test**. Everyone that was certified last year will be getting an e-mail reminder from us around September 1, 2015. This e-mail will explain the process of going online in the IHSA web site. In this site the person that was certified last year must take the test, which will assure us that they have covered all the written material that is available online to them concerning body fat testing. This person will complete the test online and send the results to the IHSA electronically. Once the person passes this test and has updated all the information relating to them, they will then be re-certified for the 2015-16 school year and put on the List of Approved Certified Body Fat Testers. **The re-certification test must be completed online by November 5, 2015.**

Remember there is a process for getting new people certified as body fat testers (mandatory on site training) and a different process for getting people re-certified (online test).

Re-certified Body Fat Testers and new Body Fat testers must always make sure they have a current e-mail address listed in the Officials Center. Reminders are sent to e-mail addresses on file in the Official's Center.